



NDA Informed Training Agenda

5 Minutes	Land Acknowledgment
10 Minutes	Overview of Pilot Project Across Canada and Sharing CBMS Hopes and Intentions of Sharing Space Together
20 Minutes	Systemic Injustices of NDAs and the Continuum of Violence <ul style="list-style-type: none"> • Unpacking and acknowledging colonialism, the patriarchy, sexism, misogyny, power dynamics • Abuse of NDAs are a Gender-Based Violence Issue • Abuse of NDAs impacts on men. • Exploring our own Biases and Beliefs • Learning, unlearning and relearning reflections
30 Minutes	NDAs 101 <ul style="list-style-type: none"> • What are non-disclosure agreements? • NDA Myths and Legislative Updates
20 Minutes	Connection Time for Questions and Discussion
10 Minutes	Wellness Break
30 Minutes	Trauma Impacts of NDAs on Survivors <ul style="list-style-type: none"> • Window of tolerance, trauma responses, secondary wounding, and institutional betrayal • The harms of silencing survivors and trauma impacts in the workplace
25 Minutes	Ways to Help Survivors (Practical tools and informed information to share with survivors) <ul style="list-style-type: none"> • Raising awareness and sharing educational materials • Creating safe enough space for survivors and offering tailored programs (peer support, therapeutic or supportive groups, advocacy, and legal support). • Trauma-informed practices when working with survivors
10 Minutes	Integrating Justice Doing Initiatives into Practice
20 Minutes	Closing <ul style="list-style-type: none"> • Connection time for questions and discussion • Building Collective Care and Solidarity Teams • Commitment and hopes to support survivors and feedback survey

