



NDA-Informed Training and Information

With Kristina Fifield and Julie Macfarlane

Early in the campaign, we recognized an overwhelming need for peer-to-peer support and services to help survivors impacted by the harms of NDAs. People who sign NDAs are forced into silence, unable to ask for help due to the conditions of their agreements. As well, those who are being faced with an NDA need support and information before they make their decision whether to sign. This webinar has been created to provide information for service providers working in this area, as well as members of the public who can join online at no cost.

It is still not widely understood that the conditions of an NDA cause further trauma for survivors known as system-induced trauma as a result of institutional betrayal and secondary wounding. Kristina Fifield has extensive experience as a trauma-informed therapist working in the area of gender-based violence. Kristina has designed and delivers this webinar, which offers information on recognizing and understanding the impact of NDAs and how they work, as well as how NDAs reinforce a legal system that often excludes and marginalizes women, minorities, and other vulnerable people. She describes how support can be provided by professionals and by peers to help survivors understand the consequences of signing an NDA and know they are not alone.

Survivors need services that have staff that can advise correctly and support those being asked to sign or those who have signed an NDA. The hope is to normalize support and spaces available to survivors and to create capacity within agencies to have trained and informed staff offer peer-to-peer support programs for survivors of harassment, discrimination, sexualized violence, and other human rights violations who are being impacted by NDAs.

Our goal is to pilot this program for 12 months and work to ensure we can find longer-term sustainable funding. Details of upcoming webinars are below.

Our website offers extensive resources on recognizing NDAs and questions to consider before signing an NDA. To learn more about the campaign, resources available, and why NDAs are a problem, please visit cantbuymysilence.com